







focused on hunger prevention and social services

A PROGRAM OF CATHOLIC CHARITIES

## PANTRY & SOUP KITCHEN

## WISH

DEMAND FOR NEW COVENANT CENTER'S FOOD RESOURCES EXPLODED DURING THE COVID-19 CRISIS. CLIENTS WE SERVE INCLUDE THE HOMELESS, HOURLY WORKERS RECENTLY LAID OFF, IMMIGRANT FAMILIES STRUGGLING TO MAKE ENDS MEET, AND INDIVIDUALS SUFFERING FROM MENTAL ILLNESS. THANK YOU FOR HELPING THESE INDIVIDUALS IN THEIR TIME OF GREAT NEED!

## **MOST NEEDED ITEMS:**

Canned Tuna Fish

Jelly 19oz.

Dry Black Beans 16 oz.

Macaroni 16 oz.

Sugar - small bags

Flour - small bags

Small Oil bottles 12 oz.

Chicken Broth 16 oz.

Instant Coffee/Chocolate 12 oz.

Sardines

Roasted Almonds 6 oz.

Canned Evaporated Milk

Oatmeal (small pack)

Energy/Granola/Protein Bars

Chips - Individual Snack Sizes

Cheese & Cracker Packets

Canned Soup 28 oz. (Progresso, Campbell's Chunky)

Individually Wrapped Desserts - all kinds

Cookies

Fruit Snacks

Snacks to Go - ANY KINDS

Fresh Fruit

Yogurt

**Bottle Water** 

Gatorade - to go sized bottles

9x9 foam hinged containers

5x5 foam hinged containers (sandwich size)

8 or 10oz soup cups with lids

Wrapped cutlery

Make an online donation at www.newcovenantcenter.org

OR

Mail your donation to:

**New Covenant Center** 174 Richmond Hill Avenue Stamford, CT 06902